CHARACTER SHEET PACKET:
US DEPUTY SECRETARY OF COMMERCE
WELCOME TO LIVES IN BALANCE LETTER
Scan this letter for the basic details you’ll need to discuss the Bubble Plans. You can find links to the Lives in Balance trailer and tutorial videos here, too.

CHARACTER SHEET (US DEPUTY SECRETARY OF COMMERCE)
Read all about your character’s background and goals for this scenario.

SOUTHWEST STATES COALITION MAP
Check out a map of the Southwest States Coalition. Will the pandemic unite or divide these neighbors?

CDC REOPENING GUIDELINES
Find out what the experts at the Centers for Disease Control and Prevention recommend that states and employers do in the face of a pandemic.

ROLE REFLECTION EXERCISE
Use these prompts to help you get into character before you play Lives in Balance.

BASIC TROUBLESHOOTING GUIDE FOR VIDEO CONFERENCING SOFTWARE
Look here for help if you’re playing Lives in Balance virtually and have some trouble with your video conferencing platform.

To view a black and white, printer-friendly version of this packet, click here.
WELCOME TO LIVES IN BALANCE

The Southwest States Coalition has agreed to meet in response to the pandemic. The Coalition will work together to review each state’s plan to move ahead with the “reopening” of their state.

Governors from Arizona, New Mexico, California, and Nevada will be joined by the Deputy Secretary of Commerce and the Principal Deputy Director of the Centers for Disease Control and Prevention to ensure the most up-to-date financial and healthcare information is presented at the meeting.

Both Nevada and Arizona governors will be presenting their plans to move forward into Phase II of “reopening” the economies of their respective states. Today’s agenda: Vote to approve or deny “the Bubble Plan.”

In Arizona, Major League Baseball (MLB) will start its season under their proposed Bubble Plan:

- Players, teams, and personnel will be housed in socially distanced hotel rooms.
- All team and stadium personnel will have temperature checks each day.
- All team and stadium personnel will have weekly virus testing.
- Food will come only from the restaurant(s) at the hotels, with rapid testing of workers.
- Teams will be allowed to congregate only in the hotel restaurant and lobby.
- Private shuttles will transport teams to and from the hotel and stadium.
- There will be no fans.

In Nevada, the National Football League (NFL) will start its season under their proposed Bubble Plan:

- Players, teams, and personnel will be housed in socially distanced hotel rooms.
- Isolated hotels: One team per hotel.
- All team and stadium personnel will have weekly virus testing.
- All team and stadium personnel will have temperature checks twice a day.
- Players/staff will be allowed to congregate in private meeting rooms only.
- Private shuttles will be provided to transport teams to and from the hotel and stadium.
- CDC-approved helmets will be provided that feature an improved visor and a certified air filtration system.
- There will be no fans.

What is more important, putting people back to work or the health of the residents? Where does the federal government stand and is it helping or hurting the states? You decide!
ROLE DESCRIPTION

You are the Deputy Secretary of Commerce. You report to the Secretary of Commerce. The Department of Commerce takes direction from the White House and is an important part of the President’s cabinet. You are responsible for increasing job numbers and strengthening the economy of the United States of America. During this pandemic, you are responsible for providing federal support to the states on the “reopening” of their economies. You encourage the states to reopen businesses in accordance with the White House-approved CDC Guidelines. Along with encouraging the states to reopen the businesses, you are responsible for the smooth transportation of goods and services across state lines to increase the growth of the nation’s economy.

ABOUT YOU

- You are trusted by the White House and your boss, the Secretary of Commerce, to make decisions in the best interest of the national economy.

- You can command a room with your “knife-like” direct statements.

- As a member of the Department of Commerce and the White House cabinet, you command respect. You hold the purse-strings (you have a say in where the funds go), so you can usually expect the Governors to try to get on your good side.
WHAT YOU DO

You take direction from the Department of Commerce and the White House and relay the information to the Governors.

In these Southwest States Coalition meetings, you are tasked with making sure that states move forward with the reopening of their economies.

You read all of the information that is sent to you, and make decisions based on economic facts you have been given.

You are skeptical of the truthfulness of information on social media, unless it supports your position.

GOALS

Your goal is to continue to grow the national economy. To achieve this goal, you want the states in the Coalition to move forward with reopening their economies, opening businesses and stores, and letting people return to work. In addition, you want the Bubble Plan to succeed in Arizona and Nevada since it will generate revenue (income).

OTHER CHARACTERS

You like the Arizona Governor. You admire their decisive action and generally see eye-to-eye. You are usually supportive of their initiatives.

You don't like the California Governor. You think they are a bit full of themselves. You feel the California Governor too often ignores your advice.

You like the Nevada Governor because you both speak the same language: money. However, you do not completely trust that they're always being honest and you wonder if they sometimes go behind your back.

You are at odds with the New Mexico Governor. You are tired of their requests for additional funding, which started before this pandemic. You try to avoid meeting with them.

You have not worked with the CDC Principal Deputy Director in the past. You will support them as long as their directives do not interfere with yours.
This map is intended for educational purposes only.
REOPENING THE STATES
GATING • PREPAREDNESS • PHASES

Prepared by The White House and the CDC
**Proposed State or Regional Gating Criteria**
(Satisfy Before Proceeding to Phased Opening)

<table>
<thead>
<tr>
<th>SYMPTOMS</th>
<th>CASES</th>
<th>HOSPITALS</th>
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| Downward trajectory of influenza-like illnesses (ILI) reported within a 14-day period  
AND  
Downward trajectory of COVID-like syndromic cases reported within a 14-day period | Downward trajectory of documented cases within a 14-day period  
OR  
Downward trajectory of positive tests as a percent of total tests within a 14-day period (flat or increasing volume of tests) | Treat all patients without crisis care  
AND  
Robust testing program in place for at-risk healthcare workers, including emerging antibody testing |

*State and local officials may need to tailor the application of these criteria to local circumstances (e.g., metropolitan areas that have suffered severe COVID outbreaks, rural and suburban areas where outbreaks have not occurred or have been mild). Additionally, where appropriate, Governors should work on a regional basis to satisfy these criteria and to progress through the phases outlined below.*
Guidelines for All Phases: Employers

Develop and implement appropriate policies, in accordance with Federal, State, and local regulations and guidance, and informed by industry best practices, regarding:

- Social distancing and protective equipment
- Temperature checks
- Testing, isolating, and contact tracing
- Sanitation
- Use and disinfection of common and high-traffic areas
- Business travel

Monitor workforce for indicative symptoms. Do not allow symptomatic people to physically return to work until cleared by a medical provider.

Develop and implement policies and procedures for workforce contact tracing following employee COVID+ test.
Core State Preparedness Responsibilities

**TESTING & CONTACT TRACING**

- Ability to quickly set up safe and efficient screening and testing sites for symptomatic individuals and trace contacts of COVID+ results
- Ability to test Syndromic/ILI-indicated persons for COVID and trace contacts of COVID+ results
- Ensure sentinel surveillance sites are screening for asymptomatic cases and contacts for COVID+ results are traced (sites operate at locations that serve older individuals, lower-income Americans, racial minorities, and Native Americans)

**HEALTHCARE SYSTEM CAPACITY**

- Ability to quickly and independently supply sufficient Personal Protective Equipment and critical medical equipment to handle dramatic surge in need
- Ability to surge ICU capacity

**PLANS**

- Protect the health and safety of workers in critical industries
- Protect the health and safety of those living and working in high-risk facilities (e.g., senior care facilities)
- Protect employees and users of mass transit
- Advise citizens regarding protocols for social distancing and face coverings
- Monitor conditions and immediately take steps to limit and mitigate any rebounds or outbreaks by restarting a phase or returning to an earlier phase, depending on severity
Phase One

Specific Types of Employers

**Schools and Organized Youth Activities** (e.g., daycare, camp) that are currently closed should remain closed.

**Visits to Senior Living Facilities and Hospitals** should be prohibited. Those who do interact with residents and patients must adhere to strict protocols regarding hygiene.

**Large Venues** (e.g., sit-down dining, movie theaters, sporting venues, places of worship) can operate under strict physical distancing protocols.

**Elective Surgeries** can resume, as clinically appropriate, on an outpatient basis at facilities that adhere to CMS guidelines.

**Gyms** can open if they adhere to strict physical distancing and sanitation protocols.

**Bars** should remain closed.

Each phase of this guidance addresses those aspects of daily life for which restrictions remain appropriate due to COVID.
Phase Two

SPECIFIC TYPES OF EMPLOYERS

SCHOOLS AND ORGANIZED YOUTH ACTIVITIES (e.g., daycare, camp) can reopen.

VISITS TO SENIOR CARE FACILITIES AND HOSPITALS should be prohibited. Those who do interact with residents and patients must adhere to strict protocols regarding hygiene.

LARGE VENUES (e.g., sit-down dining, movie theaters, sporting venues, places of worship) can operate under moderate physical distancing protocols.

ELECTIVE SURGERIES can resume, as clinically appropriate, on an outpatient and in-patient basis at facilities that adhere to CMS guidelines.

GYMS can remain open if they adhere to strict physical distancing and sanitation protocols.

BARS may operate with diminished standing-room occupancy, where applicable and appropriate.

EACH PHASE OF THIS GUIDANCE ADDRESSES THOSE ASPECTS OF DAILY LIFE FOR WHICH RESTRICTIONS REMAIN APPROPRIATE DUE TO COVID.
PART ONE: Read about your character, then answer the following questions:

1. What role will you be playing?

2. Based on what you know about the scenario and the role, what are you most curious about?

3. What is one main goal your character is trying to achieve?

4. Based on the description, what’s one thing about your character you relate to? Explain.

5. Based on the description, what’s one thing about your character you DON’T relate to? Explain.

PART TWO: Discuss your responses with one or more members of your role-play team. Your role-play team also may choose to warm up for the simulation by introducing yourselves in character.

Complete this exercise using the Google Docs document here.
iThrive Sim is designed to be accessible to participants in any location. All you need is WiFi access and a device, such as a laptop or Chromebook.

For students learning virtually, the social interactions in iThrive Sim will require using an additional video conferencing software tool, such as Zoom, Google Meet, Microsoft Teams, etc.

ACROSS VIDEO CONFERENCING PLATFORMS, HERE’S WHAT TO DO IF:

YOU ARE USING A BROWSER FOR VIDEO CONFERENCING:

You will need two (2) browsers open; one for the iThrive Sim website and one for the video conferencing site.

Arrange the browsers side-by-side so that they are both visible. To do this, you may need to minimize both windows so that you are able to adjust the size and arrangement of both to be visible (for example, neither browser should be in full-screen mode).

NO ONE CAN HEAR YOU:

Call into the meeting using the phone number listed on the video conferencing invitation you received.

Mute your computer mic and use your phone to communicate.

YOU CAN’T SEE THE VIDEOS IN THE ITHRIVE SIM PLATFORM:

Post a note in the chatbox to let the facilitator know. The facilitator can play the videos over the video conferencing software instead.

YOUR CAMERA FEATURE ISN’T WORKING:

As long as you can hear and be heard by the other participants, you will be able to play iThrive Sim.

MORE RESOURCES

Below, you’ll find links to help guides for relevant questions on commonly used video conferencing platforms. If there are other platforms you need information about, search for help guides online or feel free to reach out to us at least one week prior to running your simulation at support@ithrivegames.org.

FOR ZOOM:
- Frequently Asked Questions
- Managing Breakout Rooms
- Pre-assigning Participants to Breakout Rooms

FOR GOOGLE MEET:
- Troubleshooting Network, Audio, and Video
- Start a new Google Meet Video
- Recent Updates and What’s Coming to Google Meet

NOTE: Google Meet breakout rooms will launch in October 2020 for G Suite Enterprise for Education users.

FOR MICROSOFT TEAMS:
- Get Started with a Live Event
- Using Video in Teams
- Join a Teams Meeting

NOTE: Microsoft Teams is slated to launch its virtual breakout rooms feature in late 2020.